SUSTAINABLE PALLIATIVE CARE EDUCATION AND TRAINING

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The global need for palliative care

• In 2014 – around 20 million people – 6% of these are children.
• Low level estimates – 20 million MORE needed palliative care in the years before death
• Numbers huge – few countries implementing equitable programmes via public health approach (*Stjernwald 1997*)
• Opioid availability remains an issue
  – Global opioid policy initiative (*Cherny et al 2013*)
  – eSMO/EAPC opioid policy initiative (*Cherny et al 2009*)
The need for training and education

- Who?
- What?
- When?
- How?
- Where?
The vision

Establishing a training centre?
Establishing a centre of excellence?
Developing staff?
Personal drive
delivering patient care?
Responding to the need?

What will endure changes of
gvt/administration/management/funds/team?
The outcome...

- Good patient experience/better patient care
- Improved patient outcomes
- People who will share their learning
Developing your programme or session

- Evaluation
- Collaboration
- Identification
- Preparation
- Communication
- Evaluation
Cardiff Diploma in Palliative Medicine

- Started 1989.
- First distance learning course
- Added paediatric palliative care 2002
- Moved on line 2007
- Became multi-professional 2007
- First Commonwealth Scholars 2007
Collaborations – various

- Groenigen, Holland – certificate course
- University of Cape Town - MPhil programmes
- Worked with ecancer.org to produce 20 open access online learning for palliative care in SubSaharan Africa
- Working with ecancer.org to produce 20 open access online learning for palliative care in India
- Working across Wales to develop a resource to support decision making around care in the last days of life
Some stories
What are the challenges to sustainability?

Keeping up to date with:

- Changing needs
- Changing funds
- Changing disease management
- Changing teams
- Changing technology

Competing priorities

Resilience

Medical Education industry ...
What works - 1?

- Collaboration
- Involvement
- Identifying stakeholders with similar passion
- Keeping up to speed with the need
- Aligning visions
- Using technology and team work
- Clarifying the project, especially at a distance
What works – 2

• Strong sense of aims/ objectives.
• Merits of teaching in particular ways for particular groups
• Authenticity, role modelling, mentoring,
• Don’t underestimate the hidden curriculum
• Ask people as they leave a session to say how they’ll share their knowledge
• Being able to ‘let go’ and ‘be overtaken
The need for training and education

- Who?
- What?
- When?
- How?
- Where?
It’s a big world out there....

palliative care is everyone’s business....

BUT there are already resources available....
There has never been a more important time to develop and share palliative care skills.
Don’t lock your knowledge away…

Discuss and debate with:
• your peers on the course
• your work colleagues
• Colleagues from other specialties - join up for journal clubs or teaching sessions or ward rounds

If you work in a small team or in a single element of the team, go outside your boundaries.... Spend an hour/ a day/ an afternoon with a different team or clinic

Explore, listen and share…

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Thankyou